Grade 6 (Age 11)

Below please find the available dance classes for your child's age group and level for the September 2020 to June 2021 dance year. If you can't find the time you need, please call the office and we will do our best to accommodate you. Classes may be added throughout the season based on interest and enrollment.

Music lessons are offered in Voice, Piano, Drums and Guitar. Contact the office for scheduling

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		7:00-7:45pm Ballet	6:30-7:15pm Hip Hop	5:00-6:30pm * S/L/T& Acro technique	10:00-11:000am *Jr. Ballet technique
7:15-8:00pm Break Dance		7:45-8:30pm Jazz	7:15-8:00pm Acro		
7:30-8:15pm Performing Group		8:30-9:00pm Tap	7:15-8:00pm Contemporary		
			8:00-8:45pm Ballet		
			8:45-9:15pm Lyrical		

Ballet
Ballet is considered the basis of all dance techniques. It provides a solid foundation for the aspiring dancer by improving the body's strength, coordination, and flexibility.

Technique Classes
Technique classes focus strictly on technique including barre, center floor and across floor exercises. These classes do not do a recital dance.

Stretch, Leaps, and Turns
Stretch, Leaps, and Turns is a class dedicated solely to those three areas of dance technique. Class is taught from a non-genre specific background, so students will focus on jazz, ballet, and modern technique as well as lyrical and contemporary styles. This class does not do a recital dance.

Strength and conditioning
Stretch and conditioning focuses on yoga, Pilates, cardio, and strength training to loosen muscles and build strength. The class will focus on arms, legs, and abdominal strength. Flexibility will also be a key focus of the class, teaching students how to maximize flexibility after truly warming up their muscles. This class does not do a recital dance.

Jazz
Jazz provides strong technical training for a dancer, set to upbeat music. Class reinforces many of the same things taught in ballet class, making it beneficial to pair the classes together. Jazz introduces new, modern terminology and movement methods.

Tap
Tap gives the student the unique ability to focus on creating rhythms and sounds. This technique is beneficial early on for reinforcement in counting music, feeling the rhythms, and additional coordination skills. Dances are typically taught to coincide directly with the beat of the music. In the teen and high school classes, rhythm tapping is introduced.

Hip Hop
Hip Hop for students is a fun and exciting class that offers an alternative to ballet and tap. Class includes some elements of jazz technique. Hip hop is very energetic and unique in that it allows dancers to perform with freedom of movement, adding in their own personalities.

Acro
Acrobatic training with tricks such as handstands, cartwheels and rolls. As levels progress, tricks like walkovers and handsprings are introduced.

Break Dance
This form of hip hop dance requires a strong upper body and a willingness to try new and exciting things. Students will learn the basics, while progressing to head spins, back spins, and windmills in higher levels of break.

Lyrical
Lyrical provides dancers with an outlet to tell the story of a song through their movements. This stylized class combines the techniques of ballet, jazz, and modern dance. We recommend this class be taken in conjunction with ballet and/ or jazz.

Contemporary
Contemporary dance pulls from ballet, jazz, and modern techniques to create an interesting style that includes shapes, gestures, and unique variations to classical movements.

Monthly Tuition

30 MINUTES	$ 57.00	2 HOURS	$140.00
45 MINUTES	$ 67.00	2 ¼ HOURS	$152.00
1 HOUR	$ 79.00	2 ½ HOURS	$162.00
1 ¼ HOURS	$ 95.00	2 ¾ HOURS	$171.00
1 ½ HOURS	$111.00	3 HOURS	$181.00
1 ¾ HOURS	$127.00	3 ¼ Hours	$190.00

$50.00 discount offered annually for additional family members.

Piano, voice, and guitar lessons are offered for this age group. Please contact the office for more details